



Newsletter of the Blue Ribbon Chapter

American Needlepoint Guild, Inc.

Volume 7, Issue 3

March 1, 2023

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Calendar

Saturday, March 4
1:00 - 2:00 pm

Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids

Monday, March 6
5:00 - 7:00 pm

Stitch-In-Public – Coralville Public Library, 1401 5th St, Coralville

Tuesday, March 7
1:00 – 3:00 pm

Needlepoint Ornament Class
Coralville Recreation Center, 1506 8th St, Coralville

Tuesday, March 14
5:30 - 7:00 pm
7:00 - 7:30 pm
7:30 - 8:30 pm

Monthly meeting – Knights of Columbus and Skype
Log in to Skype (6:00 pm); social/stitching time
Board meeting and chapter business meeting
Study topic – Fantastique

Saturday, April 1
1:00 - 2:00 pm

Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids

Tuesday, April 11
5:30 - 7:00 pm
7:00 - 7:30 pm
7:30 - 8:30 pm

Monthly meeting – Knights of Columbus and Skype
Log in to Skype (6:00 pm); social/stitching time
Business meeting
Study topic – Fantastique

Sunday, April 16
1:00 - 3:00 pm

Stitch-In-Public – Create Exchange, 615 Center Point Rd NE, Cedar Rapids

Wednesday, April 19
1:00 - 4:00 pm

Stitch-In-Public – National Czech & Slovak Museum & Library

Saturday, May 6
1:00 - 2:00 pm

Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids

Saturday, May 13
1:00 - 1:30 pm
1:30 - 2:00 pm
2:00 - 4:00

Monthly meeting – North Liberty Library and Skype
Social/stitching time; log in to Skype
Chapter business meeting
Study topic – Fantastique

Wednesday, May 17
1:00 - 4:00 pm

Stitch-In-Public – National Czech & Slovak Museum & Library

Sunday, May 21
1:00 - 3:00 pm

Stitch-In-Public – Create Exchange, 615 Center Point Rd NE, Cedar Rapids

Visit the Blue Ribbon Chapter website at <https://www.blueribbonang.com>

Facebook page – <https://www.facebook.com/Blue-Ribbon-ANG-102362961642607>



Blue Ribbon ANG Chapter Meeting Minutes, February 14, 2023

Members Present: Robin Rossignol, Kareen Strumpel, Cindy Baldwin, Jamie Randall, Lori Barton, Heidi Parker, Ruth Topp, and Connie Rosene. (No guests)

President Robin Rossignol called the meeting to order at 7:04 PM via Skype.

Minutes from the January 2023 meeting were approved as published and archived.

Treasurer Lori Barton reported that our current balance = \$1,647.96. All members have paid their annual dues. Tax filings for 2022 have been completed.

Committee Reports:

Membership: Lori Barton reported all current members have renewed. Kareen Strumpel reported we have no new members at this time.

Create Exchange: Kareen cannot attend this month so the event will be cancelled at this time.

Stitch-in-Public Events: No report as no members in attendance tonight were present.

Czech Museum: The next Stitch-in-Public session at the Czech National Museum is cancelled as no members are able to attend this month.

Updates on Chapter events:

Classes: Robin Rossignol has 4 people signed up for her pattern darning class at the Coralville Rec Center. One person has signed up for her Saturday Swedish weaving class.

The North Liberty Library may reach out to Robin Rossignol and Cindy Baldwin regarding a possible class in pattern darning or cross stitch for their teen programs.

March 14th meeting will return to in-person at the Knights of Columbus Hall (weather permitting). We will start work on our next project "Fantastique" and help will also be available to anyone struggling with stitches in Summer Fireworks.

Robin Rossignol was invited to participate in a Fiber Talk podcast about ways to make a patterned piece your own. She will let the group know when it will air.

Old Business:

None at this time

The Blue Ribbon Chapter of American Needlepoint Guild, Inc. (ANG), invites interested individuals, regardless of expertise, into membership. Dues are \$20 per year payable to the Chapter. You must be a current ANG member to belong to the Chapter. ANG membership information can be found at <http://www.needlepoint.org/membership.php>.

Guests and visitors are welcomed.

Meetings are held the 2nd Tuesday of every month (except May, July, and October) starting with a social time at 5:30 pm, with the formal meeting starting at 7:00 pm. These meetings are held at the Knights of Columbus, 1620 E Avenue NE, Cedar Rapids, IA and on Skype. Meetings in December, January, and February will be held on Zoom only, starting with Zoom login/social time at 6:30 pm, with the formal meeting starting at 7:00 pm.

Meetings in May, July, and October will be held on the 2nd Saturday of the month starting with social time at 1:00 pm and the formal meeting beginning at 1:30 pm. The Saturday meetings are held at the North Liberty Public Library, 520 W. Cherry St, North Liberty, IA and on Skype.

Board meetings will be held in September, December, March, and June.

The Blue Ribbon ANG Newsletter is published monthly. Deadline for submission of items is the 20th day of each month.

Newsletter Editor: Cindy Baldwin cbaldwin1828@gmail.com

2022-2023 Officers

Past President Kareen Strumpel (kareen@imonmail.com)

President Robin Rossignol (robin-ann-rossignol@uiowa.edu)

President Elect Jamee Klein (jameek34@gmail.com)

VP-Membership Kareen Strumpel (kareen@imonmail.com)

Secretary Connie Rosene (crosene@kirkwood.edu)

Treasurer Lori Barton (lmbtb13@gmail.com)

Chapter website: <https://www.blueribbonang.com/>

February 14, 2023, Minutes (continued)**New Business:**

Cindy Baldwin suggested new business cards for our guild. The new design will include a mini-ruler on the front with our logo and contact information and QR codes on the back that will take people to our web site and Facebook page. The cost will be \$63.61 for 250 cards. Kareen Strumpel made a motion to order the new cards. Jamie Randall seconded the motion. Motion passed unanimously.

Kareen Strumpel has a wreath to donate to the group to decorate for the next Festival of Trees event. She suggests we plan a theme and decorations at the March meeting.

Robin Rossignol noted that we need new officers for our annual meeting in July. We need a Treasurer and Secretary since those individuals have served to the limit of our by-laws. Other offices can roll-over to next year. Lori Barton, Kareen Strumpel, and Connie Rosene will serve on the Nominating Committee. The slate of candidates needs to be published in the May newsletter, if possible.

Kareen will send out a new membership list.

President Rossignol asked for suggestions for new programs in the future.

Cindy Baldwin suggested we consider providing Hearts of Hospice for next Valentine's Day. Care Initiatives is the local Cedar Rapids/Iowa City contact for Hospice. We would pattern ours after the Kansas City project but with our own designs.

Since there was no other business to bring before the group the meeting was adjourned at 7:37 PM.

Next meeting will be held on Tuesday, March 14 at 7:00 PM at the Knights of Columbus Hall.

Respectfully submitted,

Connie Rosene, Secretary

Nametag

Since we have new members, it is time to start wearing our nametags at meetings and when we are stitching in public.

Blue Ribbon ANG Website

Our website (<https://www.blueribbonang.com/>) has a Members only page. When you go to the website, you'll see a Log In button to the right of ANG. Click on that and follow the instructions. Cindy Baldwin must approve access. Once you are approved, the last page on the website is Members. Click on that to add information about yourself.

Hover over Members and you'll see Files. You'll see several folders, including Study Topics. Patterns and information for past study topics are saved here. Anyone can create folders and add files. If you have questions, ask Cindy.

March Topic – Fantastique

Fantastique, a pulled thread and blackwork design by Elizabeth Almond. We will spend 2-3 meetings on this. You will need to purchase the pattern, but the cost is only about \$5 (+/- a bit depending on the exchange rate). You can purchase the pdf pattern at <https://www.blackworkjourney.co.uk/projects2.html> (scroll down to Fantasteque [yes, it is misspelled on the website] and click on Add to Cart). She will send you the pdf chart via email.

The project is stitched on linen and is a combination of blackwork and pulled thread with a few surface stitches. The instructions call for 28-count linen, but you could use any count linen or evenweave, Congress Cloth, or even 18-count canvas. You will need an overdyed strandable thread and a coordinating solid color and some beads. The outline is traced onto the fabric before stitching.

The drawing provided in the pattern is 7"x7", not 6"x6" as in the instructions. It is OK if your fabric is the size recommended (12x12"), your margins will just be a little smaller. You may want a bigger hoop. You may also want a doodle cloth to practice the surface embroidery stitches. The pattern provides several surface embroidery options for outlining the fan. You can use the doodle cloth to audition and practice the stitches before outlining the fan.



Jamee Klein and I are going to use congress cloth, which is 24-count instead of the 28-count linen that is called for. I'm going to enlarge the pattern a bit and will bring the larger pattern to the meeting. The enlarged pattern is 8"x8", so cut congress cloth 13 or 14" square and mount on stretcher bars after transferring the design.

We will have a couple of light boxes at the meeting but will also talk about other ways to transfer patterns. Note: if you are using congress cloth, do not use a water soluble pen to transfer the design. Congress cloth falls apart when it gets wet.

The approximate schedule for Fantastique is given below but can be adjusted if we move faster or need more time.

March – transfer the pattern and talk about stitching the outline. Another option for outlining – couch a metallic thread.

April and May – pulled thread stitches.

June – blackwork.

July – beading and stitching the stem and spirals.

Hearts for Hospice

Our local members know that Dee Hill (Cindy Baldwin's mom) is in Hospice. She is comfortable and well-cared for. If you'd like to send a card, please send it to Dee Hill, 935 Applewood Ct #2, Coralville, 52241.

I spoke with my contact at Care Initiatives about the Hearts for Hospice program that the Kansas City ANG runs and she was very interested. Currently, they have about 40 people in Hospice in the Cedar Rapids/Iowa City corridor. Since we can't produce 40 hearts very quickly, she suggested that we plan for Valentine's Day in 2024. All we will need to do is provide the hearts to Care Initiatives and they will take care of distribution. We should plan to stitch around 40 hearts and can update that number as the year goes on.

A heart template is attached to this newsletter or you can use any heart shape that you want. Stitch as many hearts as you'd like, with any technique/thread but we do ask that you completely finish the hearts. For the simplest finish, use perforated paper and put felt on the back. We'll talk about other options at the meeting. Please give the hearts to me as you finish them and I will deliver them to Care Initiatives. Thank you for your participation.

If you are interested in learning more about KC ANG's efforts, see <https://www.greaterkneedlepointguild.com/hearts-for-hospice> and follow them on <https://www.facebook.com/HeartsforHospiceOfficial> and <https://www.instagram.com/heartsforhospiceofficial/>.

Blogs

- Answering Common Questions about Floche & Other Threads <https://www.needlenthread.com/2023/01/answering-common-questions-about-floche-other-threads.html>
- Thread Talks-Working with Silk Lamé Braid! <https://needlepoint.com/blogs/needlepoint-know-how/thread-talks-working-with-silk-lame-braid>
- Figuring out Pigma Pens <https://nuts-about-needlepoint.com/figuring-out-pigma-pens/>

Videos/Podcasts

- Fiber Talk – The episode with Robin Rossignol aired on Sunday, February 19. You can listen to it here - <https://wetalkfiber.com/2023/02/19/fiber-talk-with-robin-ann-rossignol/> or through your normal podcast app. You can also listen to it on YouTube at https://www.youtube.com/watch?v=y9N8W8_N6Rk. The advantage to YouTube is that you get to see pictures of some of Robin's projects.
- Flax to linen: from sowing to sewing. <https://www.youtube.com/watch?v=3JKhhtoe9v4> Interesting video that shows the process of producing linen on a small scale.
- Are you using the right sized needle? – Video Tutorial <https://needlework.craftgossip.com/are-you-using-the-right-sized-needle-video-tutorial/2023/02/11/>

Interesting Needlework and Related Info on the Internet

- A Stitch in Time: Rhodes Stitch <https://pieceworkmagazine.com/library/56059256/>
- The Eleonora Project. Recreating the past, one stitch at a time <https://eleonoraproject.wordpress.com/>
- The best hand embroidery reference books <https://www.textileartist.org/best-hand-embroidery-books-part-one/>
- Quaker Tapestry - Scientists. "Each year we choose 12 of the 77 embroidery panels to feature on our fundraising calendar. This month our 2023 calendar features 'Scientists', so we thought we'd share the fascinating stories and embroidery techniques featured in it." This embroidery panel commemorates three out of over 80 Quakers who have been elected as Fellows of the Royal Society. <https://www.quaker-tapestry.co.uk/museum/scientists/>
- Hardanger mythbusting – yet again <http://vettycreations.com.au/white-threads/2023/02/16/hardanger-mythbusting-yet-again/>

Editor's Note

Items included in the newsletter are ones that catch my attention in which I think the membership might be interested. I'm also happy to include news items or suggestions you send me, so please feel free to send things to me for inclusion in the next newsletter.

Cindy

Library

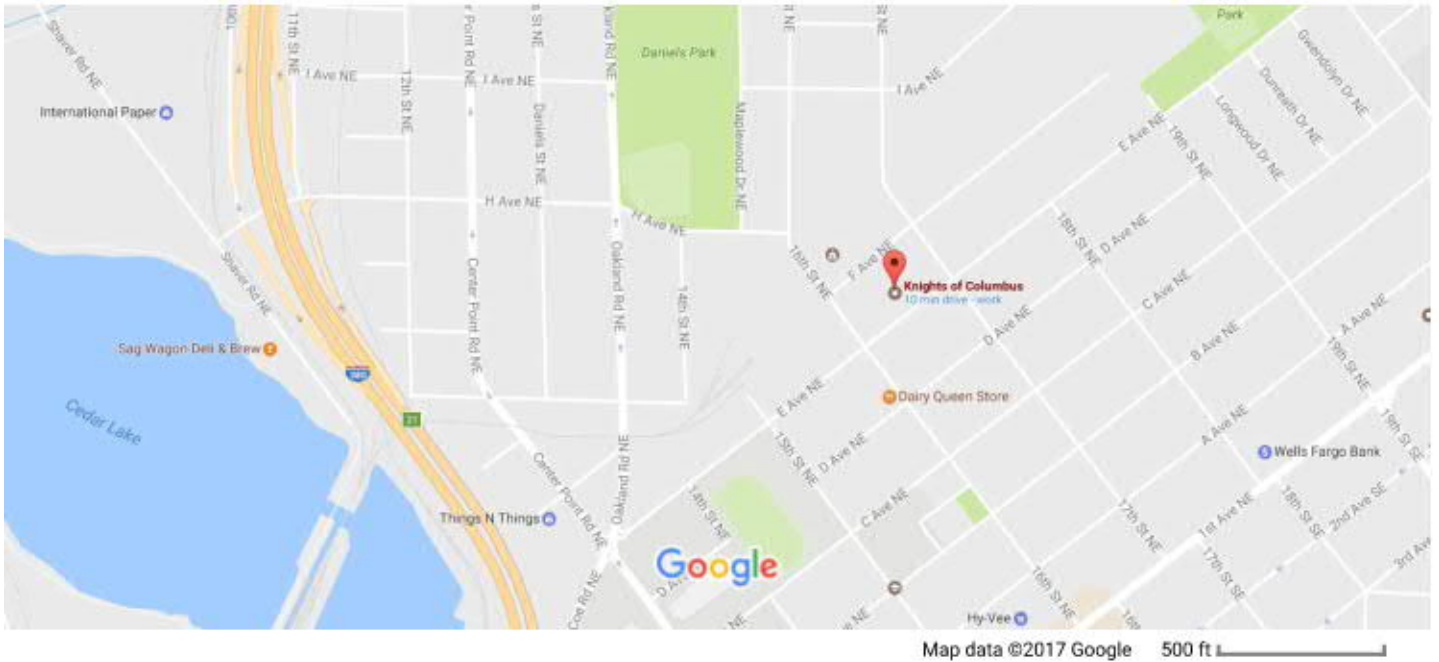
The updated library list is below. Robin has the books and will bring them to meetings. The list is also saved to the Blue Ribbon website.

Title	Author Name	Description
Anchor Book of Canvaswork Embroidery Stitches	Anchor	Canvaswork
Anchor Book of Counted Thread Embroidery Stitches	Anchor	Counted thread
Anchor Book of Crewelwork Embroidery Stitches	Anchor	Crewelwork
Anchor Book of Free-Style Embroidery Stitches	Anchor	Free style
Anchor Book of Hardanger Embroidery Stitches	Anchor	Hardanger
Anchor Book of Ribbon Embroidery Stitches	Anchor	Ribbon
Anchor Color Card	Anchor	Design
Anchor Manual of Needlework	Anchor	General needlework
A-Z of Embroidery Stitches	Country Bumpkin Publications	Stitches
Beautiful Bargello	Petschek, Joyce	Bargello
Elegant Stitches	Montano, Judith Baker	Crazy quilting
Father B's 21 st Century Book of Stitches	Blackburn, Jr., The Rev. Robert E.	Stitches
Finishing and Mounting Your Needlepoint Piece	Ireys, Katharine	Finishing
Floral Stitches	Montano, Judith Baker	Crazy quilting
Learn How Book: Knitting, Crochet, Tatting, Embroidery	Coats & Clark	General needlework
Needlepoint Bargello	Kaestner, Dorothy	Bargello
Ribbon Basics	Hiney, Mary Jo; Anckner, Joy	Ribbon
Stitch Sampler	Ganderton, Lucinda	Stitches
The Complete Encyclopedia of Stitchery	Ryan, Mildred Graves	General needlework
The Complete International Book of Embroidery	Gostelow, Mary	General needlework
The Dictionary of Needlework	Caulfield, Sophia Frances Anne; Saward, Blanche	General needlework
The Needlepoint Book	Ipplito Christensen, Jo	Needlepoint
The Open Canvas	Ambuter, Carolyn	General needlework
The Thread Thesaurus	Caswell, Ann; Howren, Suzanne; Robertson, Beth	General needlework
Woman's Day Book of American Needlework	Lane, Rose Wilder	General needlework

Directions to Knights of Columbus Hall

1620 E Avenue NE, Cedar Rapids, IA

From I380, take the H Avenue exit. Turn onto H Ave NE. Turn right onto 16th St NE. Turn left onto E Ave NE. The Knights of Columbus Hall is on the left.

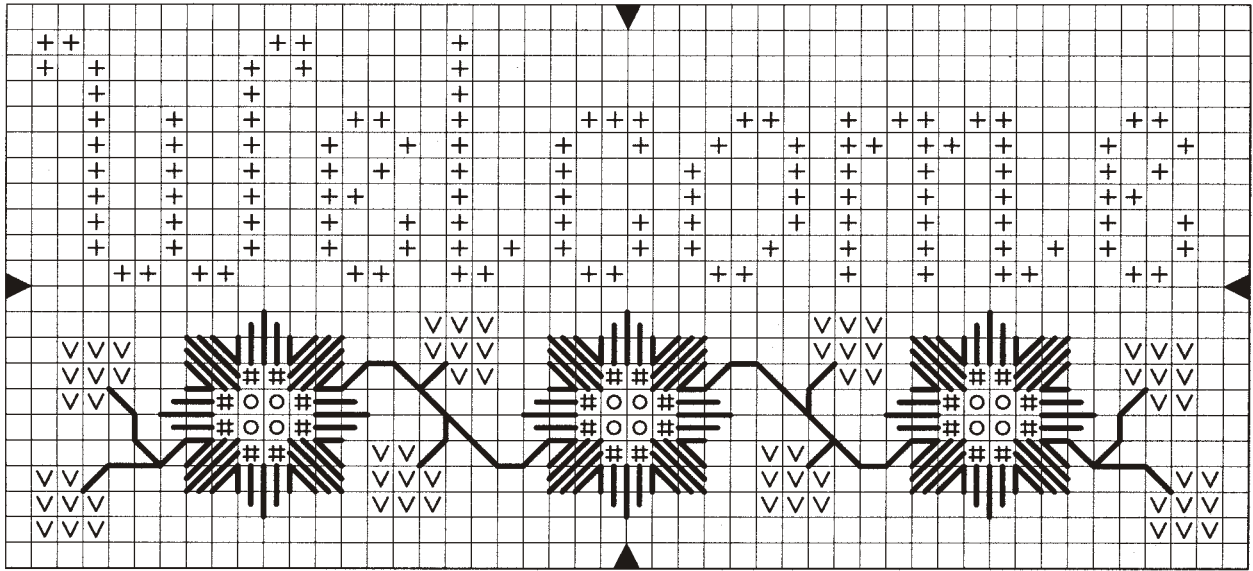


Directions to North Liberty Public Library

520 W. Cherry St, North Liberty, IA

From I380, take the Penn St exit. Go east on Penn St. Turn right on Highway 965 NE. Turn left on Cherry St. The library entrance is on the west side of the building.





WELCOME

Designed by Elizabeth Foster
 AAAAAA
 Stitch Count: 46 x 20
 28 Ct. Light Sand Cashel Linen

Symbol

- +
- V
- O
- #

Thread Color List

- DMC Floss 315 (2 strands)
- DMC Floss 936 (2 strands)
- DMC Floss 676 (3 strands)
- Weeks Dye Works
1318 Concord (3 strands)

Cross stitch and backstitch over two fabric threads using two or three strands of floss as noted. The vine is backstitched with DMC 936 (2 st.). The Satin Stitch in the flowers is Weeks Dye Works Concord (3 st.).

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Hearts for Hospice Template

