



# Newsletter of the Blue Ribbon Chapter

## American Needlepoint Guild, Inc.

### Volume 8, Issue 5

### May 1, 2024

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#### Calendar

Saturday, May 4  
1:00 - 3:00 pm

**Saturday, May 18**  
**12:30 - 1:00 pm**  
**1:00 - 1:30 pm**  
**1:30 - 4:00**

Saturday, June 1  
1:00 - 3:00 pm

Tuesday, June 11  
5:30 - 6:45 pm  
6:45 - 7:30 pm  
7:30 - 8:30 pm

Saturday, July 6  
1:00 - 3:00 pm

Tuesday, July 9  
5:30 - 7:00 pm  
7:00 - 7:30 pm  
7:30 - 8:30 pm

Saturday, August 3  
1:00 - 3:00 pm

Tuesday, August 13  
5:30 - 7:00 pm  
7:00 - 7:30 pm  
7:30 - 8:30 pm

**Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids**

**Monthly meeting – North Liberty Library and Skype**  
Social/stitching time; log in to Skype  
Chapter business meeting  
Study topic – Beaded Needle minder, part 1

**Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids**

**Monthly meeting – Knights of Columbus and Skype**  
Log in to Skype (6:00 pm); social/stitching time  
Board meeting and chapter business meeting  
Study topic – Beaded Needle minder, part 2

**Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids**

**Monthly meeting – Knights of Columbus and Skype**  
Log in to Skype (6:00 pm); social/stitching time  
Business meeting  
Study topic – Hardanger Star

**Stitch-In-Public – Cedar Rapids Public Library, 450 Fifth Avenue SE, Cedar Rapids**

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Visit the Blue Ribbon Chapter website at <https://www.blueribbonang.com>

Facebook page – <https://www.facebook.com/Blue-Ribbon-ANG-102362961642607>



## Blue Ribbon ANG Chapter Board Meeting Minutes, April 9, 2024

- President Robin Rossignol called the meeting to order at 7:00pm at the Knights of Columbus and Skype
- Members Present:
  - Robin Rossignol, Kareen Strumpel, Cindy Baldwin, Shanel Slater, Joyce Pencook, Becky Maurer, Karen Rajtora, Joan Ackerman, Julia Ackerman
- Reports:
  - Minutes from March meeting archived.
  - Membership: Cindy sent out the updated member list with current contact information.
  - Treasurer's Report: Our accounts are solvent, will hear more detailed report upon Heidi's return.
- Announcements
  - Stitch-in-Public Events:
    - CRPL: Next SIP is 1-3pm on May 4. We had two visitors from Eastern Iowa Stitchers attend the April SIP
  - Upcoming programming:
    - Beaded needle minder: Inform Cindy by end of April if interested in kit.
    - Hardanger: Inform Robin if interested in hardanger program.
    - Upcoming programs: Bring patterns to May meeting or take a look and vote on other patterns for future programs.
  - Sue Reed classes: Cindy has information about an intro needlepoint class by Sue Reed via Zoom with accompanying PDFs for \$150.00.
    - Topics include stretcher bars, ending short threads, laying thread, starting/stopping thread, angle of needle for basketweave, stitching directions for best pull of threads, etc. May be of interest for a group program class.

Since there was no other chapter business, the meeting was adjourned at 7:15pm.

- Program:
  - Members did show and tell.
  - There was a program for concluding Dreaming of Spring

The next meeting will be held on Saturday, May 18th from 1:00pm-4:00pm on Skype and at the North Liberty Community Library.

Respectfully submitted,  
Shanel Wermerskirchen Slater

The Blue Ribbon Chapter of American Needlepoint Guild, Inc. (ANG), invites interested individuals, regardless of expertise, into membership. Dues are \$20 per year payable to the Chapter. You must be a current ANG member to belong to the Chapter. ANG membership information can be found at <http://www.needlepoint.org/membership.php>.

Guests and visitors are welcomed.

Meetings are held the 2<sup>nd</sup> Tuesday of every month (except May, July, and October) starting with a social time at 5:30 pm, with the formal meeting starting at 7:00 pm. These meetings are held at the Knights of Columbus, 1620 E Avenue NE, Cedar Rapids, IA and on Skype. Meetings in December, January, and February will be held on Zoom only, starting with Zoom login/social time at 6:30 pm, with the formal meeting starting at 7:00 pm.

Meetings in May, July, and October will be held on the 2<sup>nd</sup> Saturday of the month starting with social time at 1:00 pm and the formal meeting beginning at 1:30 pm. The Saturday meetings are held at the North Liberty Public Library, 520 W. Cherry St, North Liberty, IA and on Skype.

Board meetings will be held in September, December, March, and June.

The Blue Ribbon ANG Newsletter is published monthly. Deadline for submission of items is the 20<sup>th</sup> day of each month.

Newsletter Editor: Cindy Baldwin [cbaldwin1828@gmail.com](mailto:cbaldwin1828@gmail.com)

### 2023-2024 Officers

Past President Robin Rossignol ([robin-ann-rossignol@uiowa.edu](mailto:robin-ann-rossignol@uiowa.edu))

President Robin Rossignol ([robin-ann-rossignol@uiowa.edu](mailto:robin-ann-rossignol@uiowa.edu))

President Elect Jamee Klein ([jameek34@gmail.com](mailto:jameek34@gmail.com))

VP-Membership Kareen Strumpel ([kareen@imonmail.com](mailto:kareen@imonmail.com))

Secretary Shanel Slater ([shanel.slater@gmail.com](mailto:shanel.slater@gmail.com))

Treasurer Heidi Parker ([handparker@gmail.com](mailto:handparker@gmail.com))

Chapter website: <https://www.blueribbonang.com/>

## Nametag

Please remember to wear your nametags at meetings and when we are stitching in public.

## Blue Ribbon ANG Website

Our website (<https://www.blueribbonang.com/>) has a Members Only page. When you go to the website, you'll see a Log In button to the right of ANG. Click on that and follow the instructions. Cindy Baldwin must approve access. Once you are approved, the last page on the website is Members. Click on that to add information about yourself.

Hover over Members and you'll see Files. You'll see several folders, including Study Topics. Patterns and information for past study topics are saved here. Anyone can create folders and add files. If you have questions, ask Cindy.

## Study Topic Schedule

June – Beaded Needle minder – finishing, part 2

July, August, September – Hardanger Star.



## May Study Topic – Beaded Needle minder, Part 1

Beading around a cabochon. The kits will be approximately \$10 and will include a cabochon (12 mm diameter), 11/0 and 15/0 seed beads, foundation material, thread, needle, backing, 2 rare earth magnets, and instructions.

## Future Study Topics

As mentioned in the March meeting, we need to start planning for future study topics. Thanks for bringing your suggestions to the April meeting. Please bring them to the May meeting again.

Places to look for project ideas and some suggestions:

- Back issues of Needle Pointers. If you don't keep back issues, you can go to the Needle Pointers archive on the ANG website at <https://www.needlepoint.org/page/NPArchives>. Note that you do have to be signed in to access this website.
- ANG Stitch of the Month – current: <https://www.needlepoint.org/page/SOTM2024>; archive: <https://www.needlepoint.org/page/SOTMarc>. Note that you do have to be signed in to access these websites.
- Berlin Embroidery Designs offers a discount on group projects that include blackwork, cross stitch/blackwork combo, Hapsburg lace (needlepoint with beginning through advanced options), and metal thread (goldwork). She does offer kits, but for most of the projects, we would just need instructions. Check her website at <https://berlinembroidery.com/product-category/hand-embroidery-kits/group-projects/>.
- Practical projects – <https://www.carolynmitchelldesigns.com/scissor-or-tool-holders.php>. These are not available through Carolyn Mitchell, but Fiber Works should be able to order them for us.
- Remembrance Ribbons for Carole Lake – <https://www.facebook.com/photo/?fbid=10228796015503805&set=gm.7166721206738309&id=108537025890131>. Carole was in the process of updating this project when she passed away earlier this year. It has been completed and is available for sale with 100% of the sale price (\$25) donated to the Texas Performing Arts Youth Program in her memory.
- Free charts included in past newsletters, e.g., we could pick 2 or 3 charts and stitch in similar threads and colors.

## Iowa State Fair

The 2024 Fabric and Threads booklet is posted at <https://www.iowastatefair.org/participate/competition/enter-iowa-family-living> (scroll down to the bottom of the page.) Entries will be accepted starting May 1.

## Blogs

- Taming Needlepoint Thread Ends | Securing Decorative Stitches <https://poppymonkneedlepointkits.com/blogs/the-5-minute-needlepoint-blog/taming-needlepoint-thread-ends-securing-decorative-stitches>
- The Benefits of Using Hand-Dyed Embroidery Floss <https://colourcomplements.com/2024/02/the-benefits-of-using-hand-dyed-embroidery-floss.html#>

- Debbie Rowley is doing Revelry Reflections as a free stitch along. It starts here - <https://debbeesdesigns.com/join-me-for-a-stitch-along/>. Even if you don't want to do the project, you might want to read her blog posts as they are very informative. Her diagrams are excellent, and she even shows you where to place pin stitches to anchor the threads.

## Videos and Podcasts

- Sewing and Neurodiversity, with Hannah Choi | Episode 76 <https://www.threadsmagazine.com/2024/04/03/sewing-and-neurodiversity-with-hannah-choi-episode-76> This was an interesting episode with ideas to help anyone (not just neurodiverse) start and move through a project.
- Women in Stitches: An Interview with Marcia Goldenstein <https://seewhatpodcast.buzzsprout.com/1075825/14894128-women-in-stitches-an-interview-with-marcia-goldenstein> Listen to the interview, then go look at Marcia's website to see the embroidered portraits: Women in Stitches <https://marciagoldenstein.com/section/381168-Women%20in%20Stitches.html> Artist's statement: "Women artists throughout history often had to make difficult decisions and sacrifices to disregard conventional, societal expectations in order to forge professional careers as painters, sculptors and photographers. Women activists use their voices, their art, their poetry and more to help make positive changes in the world.

*Representing them in "stitches" is my metaphor for a laugh at the criticism they often encountered, but also ironically uses a form that is historically considered "women's work". For this project I was able to combine the traditional craft of embroidery with my professional experience in painting and drawing. I find, not so surprisingly, that the activities demand the same formal, compositional and observational qualities. Building an image with thread is the same as with any mark-making material.*

*I chose "stitches" to depict and honor a few of these extraordinary women artists and activists through what is generally considered a domestic art form—something they eschewed in their own lives."*

- A simple way to mount a finished embroidery with Helen M. Stevens <https://www.youtube.com/watch?v=27n6F3miXQ4>
- HISTORY of EMBROIDERY - From King Tut to the 21st Century – Domestika <https://www.youtube.com/watch?v=it89FMRuwS0>

## Interesting Needlework and Related Info on the Internet

- Antiques Roadshow guest gasps after discovering cheap thrift find was worth small fortune <https://www.mirror.co.uk/tv/tv-news/antiques-roadshow-guest-gasps-after-32627437>
- Royal School of Needlework (RSN) launches an online archive of embroidery history <https://www.ianvisits.co.uk/articles/royal-school-of-needlework-launches-an-online-archive-of-embroidery-history-71782/>
- RSN "100 pieces from the Collection and Archive that represent the breadth and depth of our holdings." <https://collections.royal-needlework.org.uk/pro11>
- Self-Paced Video Online Courses from the RSN <https://royal-needlework.org.uk/courses/online-courses/>
- Monday Stitching Trivia - S or Z twist thread - What and why it matters. <https://www.facebook.com/embroiderersguildofWA/posts/770337898533337>
- Conversion chart for DMC to Valdani <https://www.facebook.com/groups/283900553429827/permalink/916253556861187>

## Editor's Note

Items included in the newsletter are ones that catch my attention in which I think the membership might be interested. I'm also happy to include news items or suggestions you send me, so please feel free to send things to me for inclusion in the next newsletter.

Cindy

## Library

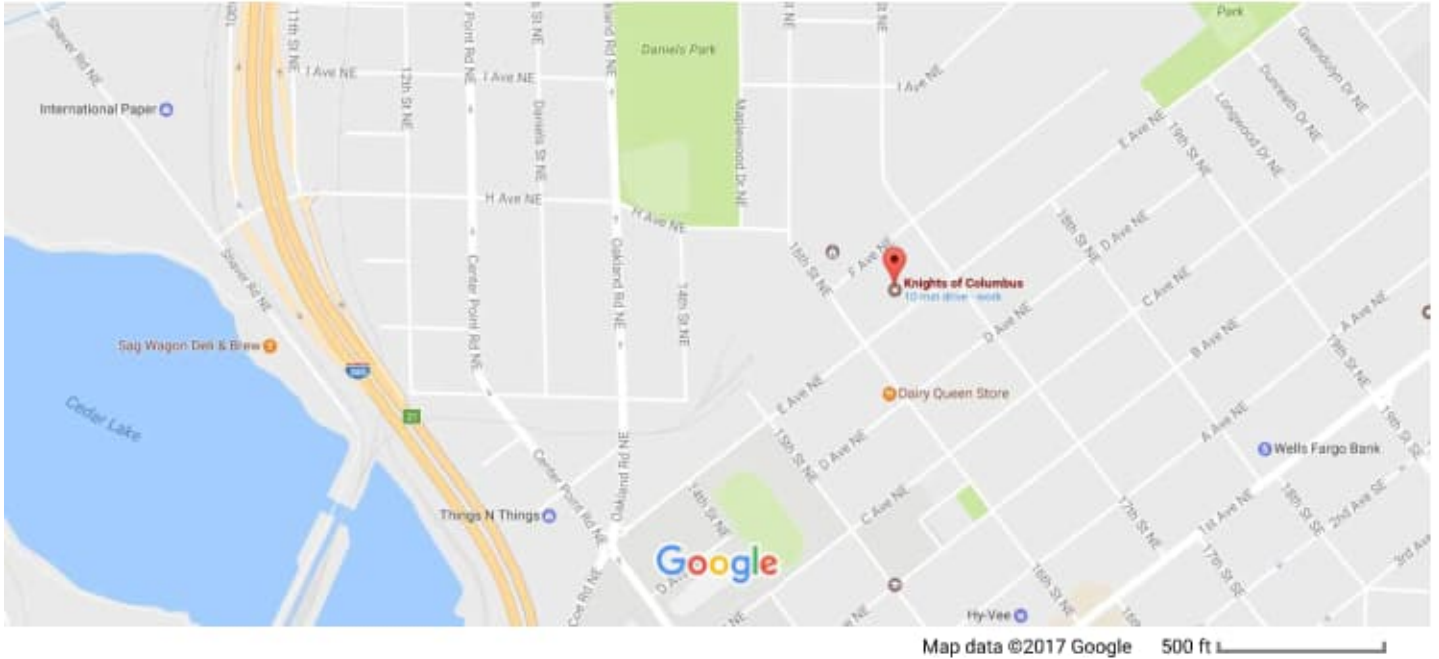
The updated library list is below. Robin has the books and will bring them to meetings as appropriate or requested. The list is also saved to the Blue Ribbon website.

Title	Author Name	Description
Anchor Book of Canvaswork Embroidery Stitches	Anchor	Canvaswork
Anchor Book of Counted Thread Embroidery Stitches	Anchor	Counted thread
Anchor Book of Crewelwork Embroidery Stitches	Anchor	Crewelwork
Anchor Book of Free-Style Embroidery Stitches	Anchor	Free style
Anchor Book of Hardanger Embroidery Stitches	Anchor	Hardanger
Anchor Book of Ribbon Embroidery Stitches	Anchor	Ribbon
Anchor Color Card	Anchor	Design
Anchor Manual of Needlework	Anchor	General needlework
A-Z of Embroidery Stitches	Country Bumpkin Publications	Stitches
Beautiful Bargello	Petschek, Joyce	Bargello
Elegant Stitches	Montano, Judith Baker	Crazy quilting
Father B's 21 <sup>st</sup> Century Book of Stitches	Blackburn, Jr., The Rev. Robert E.	Stitches
Finishing and Mounting Your Needlepoint Piece	Ireys, Katharine	Finishing
Floral Stitches	Montano, Judith Baker	Crazy quilting
Learn How Book: Knitting, Crochet, Tatting, Embroidery	Coats & Clark	General needlework
Needlepoint Bargello	Kaestner, Dorothy	Bargello
Ribbon Basics	Hiney, Mary Jo; Anckner, Joy	Ribbon
Stitch Sampler	Ganderton, Lucinda	Stitches
The Complete Encyclopedia of Stitchery	Ryan, Mildred Graves	General needlework
The Complete International Book of Embroidery	Gostelow, Mary	General needlework
The Dictionary of Needlework	Caulfield, Sophia Frances Anne; Saward, Blanche	General needlework
The Needlepoint Book	Ippolito Christensen, Jo	Needlepoint
The Open Canvas	Ambuter, Carolyn	General needlework
The Thread Thesaurus	Caswell, Ann; Howren, Suzanne; Robertson, Beth	General needlework
Woman's Day Book of American Needlework	Lane, Rose Wilder	General needlework

### Directions to Knights of Columbus Hall

1620 E Avenue NE, Cedar Rapids, IA

From I380, take the H Avenue exit. Turn onto H Ave NE. Turn right onto 16<sup>th</sup> St NE. Turn left onto E Ave NE. The Knights of Columbus Hall is on the left.



### Directions to North Liberty Public Library

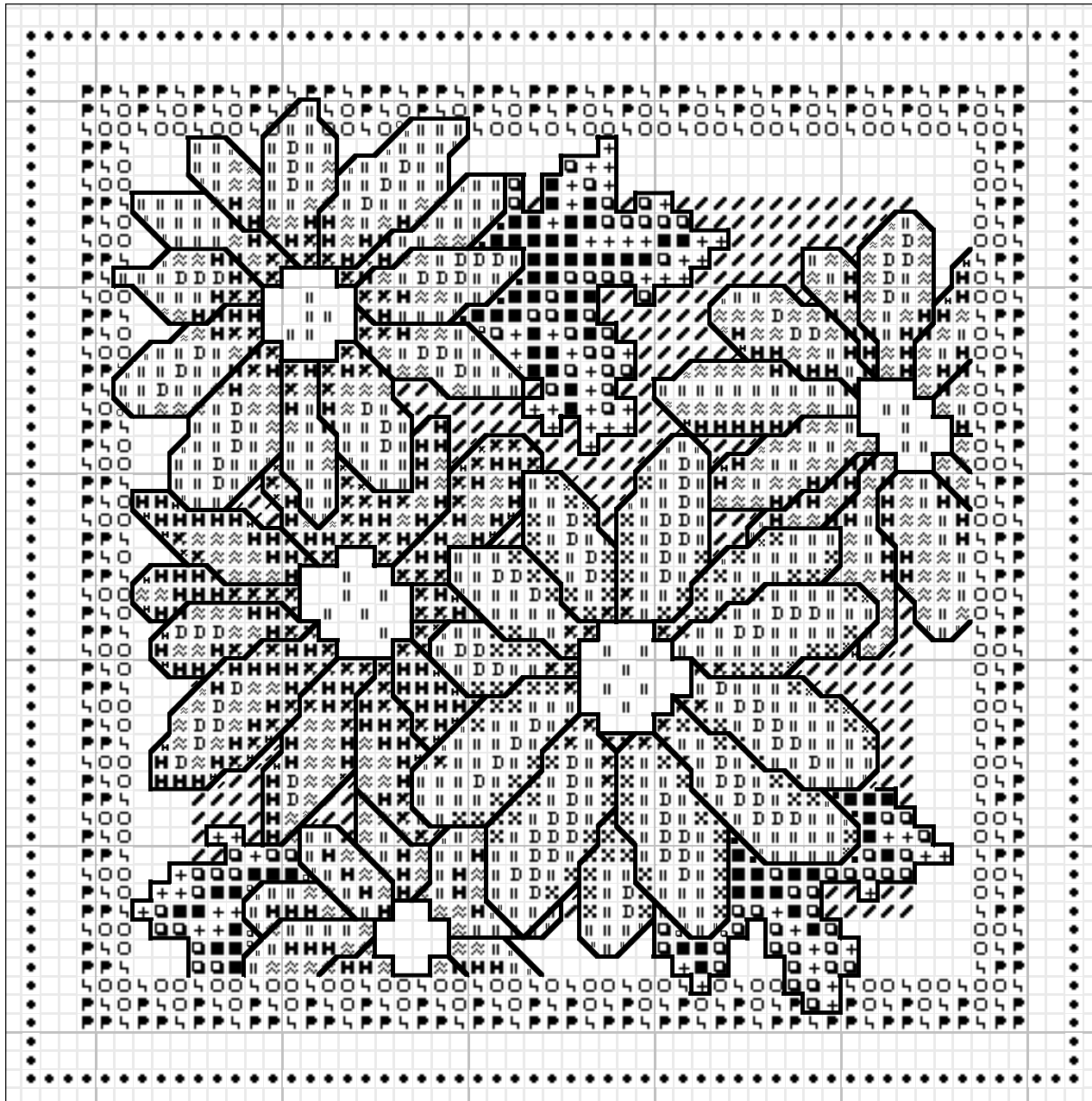
520 W. Cherry St, North Liberty, IA

From I380, take the Penn St exit. Go east on Penn St. Turn right on Highway 965 NE. Turn left on Cherry St. The library entrance is on the west side of the building.



# Brilliant Blooms

BY URSULA MICHAEL · DESIGN SIZE: 57W X 57H



## Materials Needed:

- Kreinik Very Fine (#4) Braid and DMC as listed in color key
- 28-ct Lugana in Khaki color.

Cross stitch this design over two using two strands of floss or one strand of Braid according to color key below. Each square on the chart equals two fabric threads.

## Color Key:

- Very Fine (#4) Braid 9192 Light Peach
- Very Fine (#4) Braid 027 Orange
- Very Fine (#4) Braid 094 Star Blue
- ↳ Very Fine (#4) Braid 9194 Star Green
- ↙ Very Fine (#4) Braid 9192 Peach in half stitch
- ▤ DMC 3078 Vy Lt Yellow Green
- || DMC 726 Lt Topaz
- ⊗ DMC 3820 Dk Straw
- ⊗ DMC 741 Md Tangerine
- ⊞ DMC 720 Dk Orange Spice
- ⊗ DMC 919 Red Copper
- + DMC 3348 Lt Yellow Green
- DMC 3347 Md Yellow Green
- DMC 319 Vy Dk Pistachio Green
- ↖ Backstitch 1 strand DMC 3371 Black Brown

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