



Newsletter of the Blue Ribbon Chapter  
 American Needlepoint Guild, Inc.  
 Volume 5, Issue 10  
 October 1, 2021

What's inside?

Calendar ..... 1  
 September 14, 2021, Meeting Minutes..... 2  
 October Study Topic – Finish Perforated Paper Ornament.. 3  
 Iowa State Fair Winners..... 3  
 Future Study Topics ..... 3  
 Interesting Needlework and Related Info on the Internet.. 4  
 Videos/Podcasts ..... 4  
 List of Books in Library ..... 4  
 Editor's Note ..... 6  
 Directions to Knights of Columbus Hall..... 7  
 Directions to North Liberty Public Library ..... 7  
 Kreinik Pattern ..... 8

Calendar

Saturday, October 9	<b>Monthly meeting – North Liberty Public Library and Zoom</b> Log in to Zoom; social/stitching time Business meeting Study topic – Perforated Paper Ornament
1:00 - 1:30 pm	
1:30 - 2:00 pm	
2:00 - 4:00	
Wednesday, October 20	<b>Stitching at the National Czech &amp; Slovak Museum &amp; Library Please notify Joyce Pencook by Monday, October 18 if you plan to stitch at the Museum. Joyce's number is 319-491-6227.</b>
1:00 - 4:00 pm	
Tuesday, October 26	<b>Thread Play on Zoom</b> Time to stitch and chat
4:00 - 6:00 pm	
Tuesday, November 9	<b>Monthly meeting – Knights of Columbus and Zoom</b> Log in to Zoom (6:00 pm); social/stitching time Business meeting Study topic – Finish culling library books, share Projects Half Done (PHDs), and discuss future study topics
5:00 - 6:30 pm	
6:30 - 7:00 pm	
7:00 - 8:00 pm	
Wednesday, November 17	<b>Stitching at the National Czech &amp; Slovak Museum &amp; Library</b>
1:00 - 4:00 pm	
Tuesday, November 23	<b>Thread Play on Zoom</b> Time to stitch and chat
4:00 - 6:00 pm	
Tuesday, December 14	<b>Monthly meeting – on Zoom</b> Log in to Zoom; social/stitching time Business meeting Study topic
6:00 - 6:30 pm	
6:30 - 7:00 pm	
7:00 - 8:00 pm	
Wednesday, December 15	<b>Stitching at the National Czech &amp; Slovak Museum &amp; Library</b>
1:00 - 4:00 pm	
Tuesday, December 28	<b>Thread Play on Zoom</b> Time to stitch and chat
4:00 - 6:00 pm	

Visit the Blue Ribbon Chapter website at <https://www.blueribbonang.com>

Facebook page – <https://www.facebook.com/Blue-Ribbon-ANG-102362961642607>



## September 14, 2021, Meeting Minutes

Present: Kareen Strumpel, Cindy Baldwin, Robin Rossignol, Lori Barton, Jamie Randall, Joyce Pencook, Karen Rajtora, Connie Rosene  
(Guest: Glenda Overmann)

President Kareen Strumpel called the meeting to order at 6:14 PM

Minutes from the July 2021 meeting were approved as they appeared in the August newsletter (motion Robin Rossignol, second Cindy Baldwin). Motion carried. No minutes from the August 2021 were provided since the meeting was cancelled due to weather.

Treasurer Lori Barton reported current balance is \$652.42 with one check written since our July meeting to Cindy Baldwin for \$247.34 to reimburse for website and Zoom fees.

### Reports:

Iowa State Fair: Robin Rossignol and Cindy Baldwin gave a Make It & Take It class to 3 participants which was a pattern darning bookmark on perforated paper. Robin has a plan for an ornament for next year. Both Cindy and Robin encouraged other members to come up with additional ideas and submit to Dorothy Faidley, Superintendent of Fabric and Threads for the Iowa State Fair.

We will continue to sponsor an award in needlepoint (\$25) again next year.

Kareen's donated wall hanging will be raffled next year.

Czech Museum: Joyce Pencook reported that our next Stitch-in-Public event at the Museum will be held on September 15. Hopefully tables will be set up for at least four members. Masks are required.

Chapter Library: Karen Rajtora reported we still have one box to sort through. Cindy said we should cull some of the books in our current collection and take to Half-Price Books. We will plan to do this at the November meeting.

### Old Business:

The TRAIL presentation has been postponed until spring since the event has gone virtual.

Groups.io has been cancelled since we have not used it and all information is on the website.

The audit will be completed at the October meeting since we need additional information or a computer to gain access to it. Kareen and Lori will meet in two weeks to update chapter information at the bank.

### New Business:

Future meetings are scheduled for the North Liberty Library (confirmed) for the October meeting. November meeting will be at the KC Hall. December through February will be via Zoom. Decisions about March 2022 will be made in February.

The Blue Ribbon Chapter of American Needlepoint Guild, Inc. (ANG), invites interested individuals, regardless of expertise, into membership. Dues are \$20 per year payable to the Chapter. You must be a current ANG member to belong to the Chapter. ANG membership information can be found at <http://www.needlepoint.org/membership.php>.

Guests and visitors are welcomed.

Meetings are held the 2<sup>nd</sup> Tuesday of every month (except May, July, and October) starting with a social time at 6:00 pm, with the formal meeting starting at 6:30 pm. These meetings are held at the Knights of Columbus, 1620 E Avenue NE, Cedar Rapids, IA and on Zoom.

Meetings in May, July, and October will be held on the 2<sup>nd</sup> Saturday of the month starting with social time at 1:00 pm and the formal meeting beginning at 1:30 pm. The Saturday meetings are held at the North Liberty Public Library, 520 W. Cherry St, North Liberty, IA and on Zoom.

Board meetings will be held in September, December, March, and June.

The Blue Ribbon ANG Newsletter is published monthly. Deadline for submission of items is the 20<sup>th</sup> day of each month.

Newsletter Editor: Cindy Baldwin [cbaldwin1828@gmail.com](mailto:cbaldwin1828@gmail.com)

#### 2019-2020 Officers

Past President Connie Rosene ([crosene@kirkwood.edu](mailto:crosene@kirkwood.edu))

President Kareen Strumpel ([kareen@imonmail.com](mailto:kareen@imonmail.com))

President Elect Robin Rossignol ([robin-ann-rossignol@uiowa.edu](mailto:robin-ann-rossignol@uiowa.edu))

VP-Membership Cindy Baldwin ([cbaldwin1828@gmail.com](mailto:cbaldwin1828@gmail.com))

Secretary Connie Rosene ([crosene@kirkwood.edu](mailto:crosene@kirkwood.edu))

Treasurer Lori Barton ([lmbtb13@gmail.com](mailto:lmbtb13@gmail.com))

Chapter website: <https://www.blueribbonang.com/>

## September 14, 2021, Meeting Minutes (cont.)

The "Crowning Glory" Exhibit at the Czech Museum would be an excellent social event for our chapter. Connie will arrange a tour and lunch in the area on a Sunday in November.

Iowa Arts Council Grant is available to groups that promote traditional arts. Kareen will forward the information to all members to determine interest in making an application for the \$500 grants.

Ideas for future programs were discussed with presentations of ideas by Joyce, Robin, and Cindy. Cindy believes that we need to promote future programs on the website to attract new members.

The PHD (Projects Half done) program will begin at the October meeting with updates scheduled for the February and June 2022 meetings and finish at the October 2022 meeting.

Meeting was adjourned at 7:20 PM.

Next meeting will be held on Saturday, October 9 at the North Liberty Library. We will assemble our 3-D ornaments.

Respectfully submitted,  
Connie Rosene, Secretary

## October Study Topic – Finish Perforated Paper Ornament

Robin will explain how to turn the finished stitching into a 3-dimensional ornament. Please trim the excess perforated paper from the stitched ornament as shown below:



## Iowa State Fair Winners

Congratulations to our members who entered pieces in the Fair. I missed a couple, my apologies.

- Kareen Strumpel: Cross stitch dimensional – 1<sup>st</sup> place
- Jamie Randall: Hardanger – 1<sup>st</sup> place

## Future Study Topics

Thanks to everyone who responded. Here are the votes for the options:

Simple Elegance – 3  
Shenandoah Memories – 3  
Intro to Pulled Thread – 5  
Ribbon Candy Ornament – 3  
Diagonal Stitches Sampler – 1

Beautiful Stitches free project – 4  
Christmas Bonbon – 2  
Thread Selection – 2  
Pulled Thread on Canvas – 2  
Ribbon Embroidery – 2

Some of these can be done in one meeting, but others will require two or more meetings. We'll keep you posted.

## Interesting Needlework and Related Info on the Internet

- Choosing colours with confidence – Part 1 <http://beautifulstitches.com.au/choosing-colours-with-confidence-part-1/>
- Choosing colours with confidence – Part 2 <http://beautifulstitches.com.au/choosing-colours-with-confidence-part-2/>
- Hillary Waters Fayle: Environmental embroidery <https://www.textileartist.org/hillary-waters-fayle-environmental-embroidery/> **This artist embroiders on leaves, very interesting!**
- Why Hobbies Are Important <http://www.skilledatlife.com/why-hobbies-are-important/>
- Brilliant Embroideries Capture the Expansive Beauty of the Aurora Borealis in Small Hoops <https://mymodernmet.com/tanya-mironowa-northern-lights-embroideries/>
- Dried Floral Arrangements Sprout from Elaborate Tulle-Based Embroideries <https://www.thisiscoossal.com/2021/09/olga-prinku-embroideries/>
- **The Royal School of Needlework (RSN) Stitch Bank is live.** From their website – “To mark its 150<sup>th</sup> anniversary the RSN is launching the RSN Stitch Bank to continue this mission. The RSN Stitch Bank aims to digitally conserve and showcase the wide variety of the world’s embroidery stitches and the ways in which they have been used in different cultures and times. Launching with an initial 150 stitches, the RSN Stitch Bank is an ongoing project. More stitches will be added regularly and the RSN will be working with partners around the world to include stitches from different traditions.” The website is <https://rsnstitchbank.org/>. **The website looks like a tremendous resource and is worth taking some time to explore.**
- Secrets of Blending Filament revealed! <http://www.kreinik.com/shops/Secrets-of-Blending-Filament-revealed.html>

## Videos/Podcasts

- **The San Francisco School of Needlework and Design (SNAD) has an online lecture series.** From their website – “Online lectures will now be offered monthly through Webinar, featuring experienced stitchers and historians on the subjects of embroidery and other fiber arts. Each month SNAD will have available two separate special guest events for registration; where our speakers will give an insight into their favorite subjects on a fascinating fiber topic.”

Some of the lectures are free; when there is a charge it is \$10 (at least for the ones I looked at). Upcoming stitchers (that I recognized) include Jenny Adin-Christie, Jessica Grimm, Jen Goodwin, Nicola Jarvis, and Barbara Hutson.

Website is <https://sfneedleworkanddesign.org/lecture-series-online/>.

## List of Books in Library

Please review this list so we can continue to discuss which books we want to keep in the library at the November meeting. I've highlighted the ones we've decided to keep so far. Members may purchase books that are culled; the remaining books will be taken to Half Price Books.

Title	Author Last Name	Author First Name	Description
A Gardener's Book of Needlepoint	Bodi, Merrill, deMontesemolo	Jack, Meg, Catherine	Needlepoint
A-Z of Embroidery Stitches	Country Bumpkin Publications		Stitches
America's Best Cross-Stitch	Better Homes and Gardens		Cross stitch
Anchor Book of Counted Thread Embroidery	Allsopp	Dorothy A.	Counted thread
Anchor Color Card	Anchor		Design
Anchor Manual of Needlework	Anchor		General needlework
Art of Embroidery	Gostelow	Mary	General needlework
Bargello Florentine Canvas Work	Williams	Elsa S.	Bargello
Beautiful Bargello	Petschek	Joyce	Bargello
Better Homes and Gardens Needlepoint	Better Homes and Gardens		Needlepoint
Canvaswork			Needlepoint
Complete Guide to Needlework	Reader's Digest		General needlework
Counted Thread Embroidery Stitches	Anchor Book		Stitches
Creative Canvas Work	Williams	Elsa S.	Needlepoint
Creative Needlepoint Borders	Wall	Maggie	Borders
Decorative Knots	Budworth	Geoffrey	Knots
Decorative Needlepoint	Hickman	Julie	Needlepoint
Elaine Slater's Book of Needlepoint Projects	Slater	Elaine	Needlepoint
Elegant Stitches	Montano	Judith Baker	Crazy quilting
Embroidery Book	Gostelow	Mary	General needlework
Embroidery for the Home	Bullen	Jenny	Embroidery
Embroidery Techniques & Patterns	Bayard	Marie-Noelle	Counted thread
Encyclopedia of Design	Hart	Harold H.	Design
Evenweave Specialty Stitches	Leisure Arts		Stitches



Title	Author Last Name	Author First Name	Description
Father B's 21st Century Book of Stitches	Blackburn, Jr.	The Rev. Robert E.	Stitches
Finishing and Mounting Your Needlepoint Piece	Ireys	Katharine	Finishing
Floral Patterns for Needlecraft and The Decorative Arts	Oleson	Karen E	General needlework
Floral Stitches	Montano	Judith Baker	Crazy quilting
Freeform Bargello	Stevens	Gigs	Bargello
Glorious Needlepoint	Fassett	Kaffe	Needlepoint
Gobelin Stitch Embroidery	Chatterton	Pauline	General needlework
Lady Evelyn's Needlework Collection	Digges, Fehd, Lawson, Vogt	Mary-Dick, Dolly Norton, Nancy, Martha Pearle	General needlework
Learn How Book Knitting Crochet Tatting Embroidery	Coats & Clark		General needlework
Letters and Numbers for Needlepoint	Parker	E.M.	Alphabet
Lexington Lace for Needlepoint	Gantt	Joan D.	Needlepoint
McCall's Needlework Treasury	McCall's		General needlework
Monograms The Art of Embroidered Letters	O'Connor	Susan	Alphabet
More Needlepoint from America's Great Quilt Designs	Davis, Giammattei	Mary Kay, Helen	Needlepoint
More Needlework Blocking and Finishing	Burchette	Dorothy	Finishing
Needleplay	Wilson	Erica	Needlepoint
Needlepoint and Pattern	Katzenberg	Gloria	Needlepoint
Needlepoint Bargello	Kaestner	Dorothy	Bargello
Needlepoint for Everyone	Picken, White	Mary Brokks, Doris	Needlepoint
Needlepoint on Plastic Canvas	Brenner De Nitto	Elisabeth	Needlepoint
Needlepoint Stitch by Stitch	Pearson	Anna	Needlepoint
Needlepoint: Design Your Own	Baker, Eyre, Wall, Westerfield	Muriel, Barbara, Margaret, Charlotte	Design
Needlery	Smith	Glenora	General needlework
Needlework Magic	Iles	Jane	General needlework
Ribbon Basics	Hiney, Anckner	Mary Jo, Joy	Ribbon
Stitch Sampler	Ganderton	Lucinda	Stitches
Stitches with Variations	Enthoven	Jacqueline	Stitches
Teach Yourself Needlepoint	Ipplito Christensen	Jo	Needlepoint
Terrace Hill Needlepoint Designs	Ray	Billie	General needlework
The Anchor Book of Canvaswork Embroidery Stitches	Anchor		Canvaswork
The Anchor Book of Counted Thread Embroidery Stitches	Anchor		Counted thread
The Anchor Book of Crewelwork Embroidery Stitches	Anchor		Crewelwork
The Anchor Book of Free-Style Embroidery Stitches	Anchor		Free style
The Anchor Book of Hardanger Embroidery Stitches	Anchor		Hardanger
The Anchor Book of Ribbon Embroidery Stitches	Anchor		Ribbon
The Complete Encyclopedia of Stitchery	Ryan	Mildred Graves	General needlework
The Complete International Book of Embroidery	Gostelow	Mary	General needlework
The Dictionary of Needlework	Caulfield, Saward	Sophia Frances Anne, Blanche	General needlework
The Embroiderer's Portfolio of Flower Designs	Haraszty	Eszter	General needlework
The Needlepoint Book	Ipplito Christensen	Jo	Needlepoint
The Open Canvas	Ambuter	Carolyn	General needlework
The Thread Thesaurus	Caswell, Howren, Robertson	Ann, Suzanne, Beth	General needlework
The Thread Thesaurus	Caswell, Howren, Robertson	Ann, Suzanne, Beth	General needlework
Timeless Ornaments	Leisure Art		Cross stitch
Treasures in Needlework	Warren, Pullan		General needlework

Title	Author Last Name	Author First Name	Description
Trianglepoint	Lantz	Sherlee	Needlepoint
Wildflower Designs for Needlework	Winter	Adalee	General needlework
Wildlife in Needlework	Edwards	Stella	Needlepoint
Woman's Day Book of American Needlework	Lane	Rose Wilder	General needlework

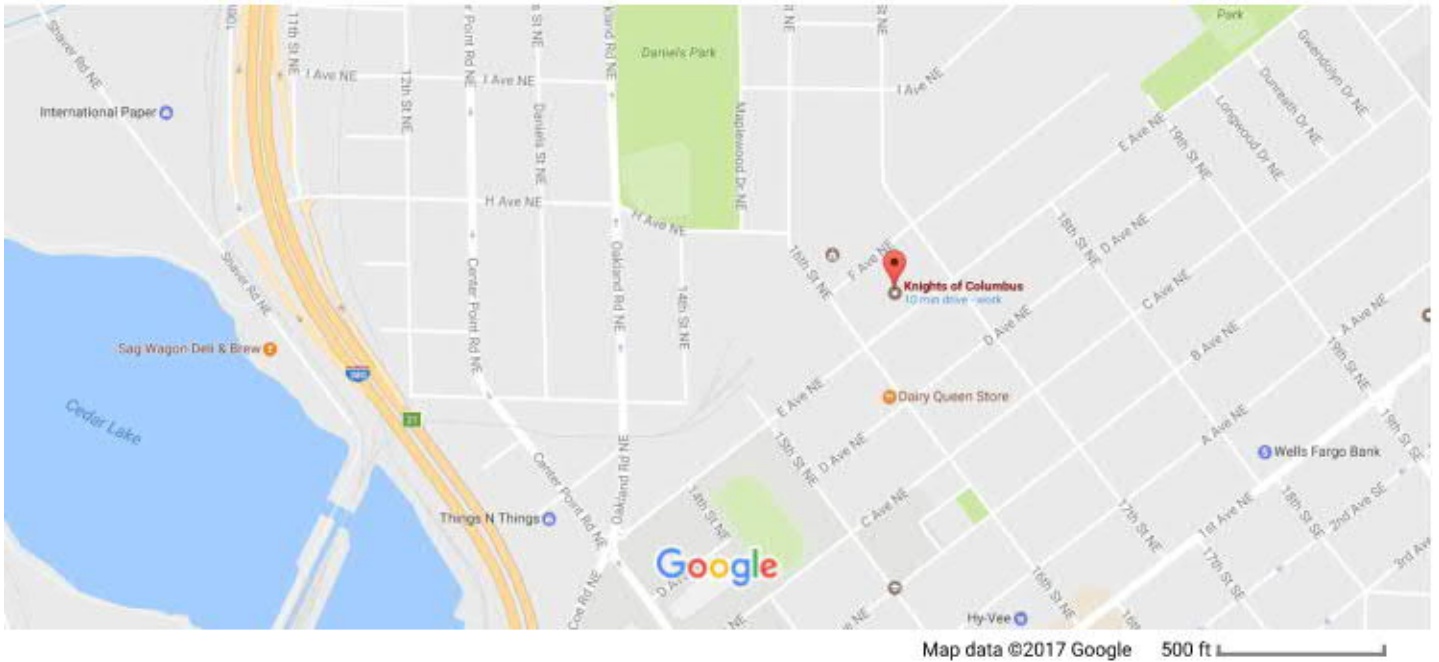
**Editor's Note**

Items included in the newsletter are ones that catch my attention in which I think the membership might be interested. I'm also happy to include news items or suggestions you send me, so please feel free to forward things to me for inclusion in the next newsletter.  
Cindy

### Directions to Knights of Columbus Hall

1620 E Avenue NE, Cedar Rapids, IA

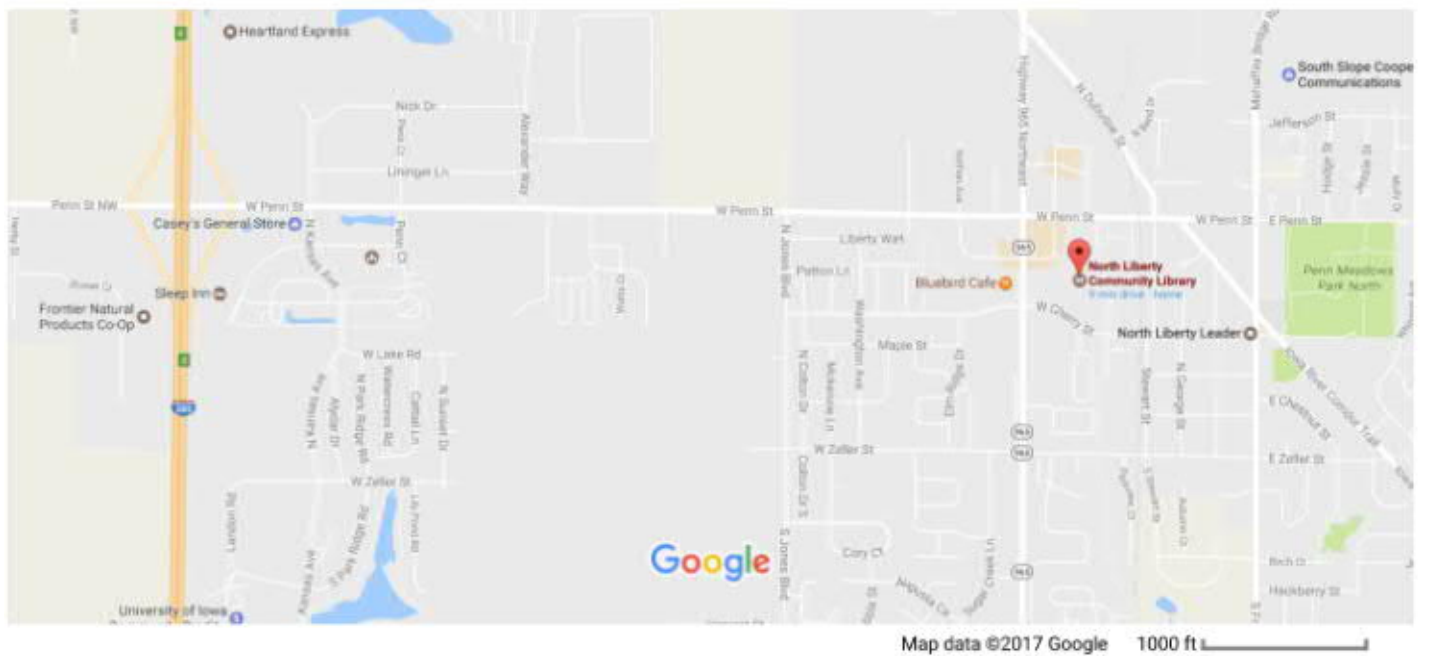
From I380, take the H Avenue exit. Turn onto H Ave NE. Turn right onto 16<sup>th</sup> St NE. Turn left onto E Ave NE. The Knights of Columbus Hall is on the left.



### Directions to North Liberty Public Library

520 W. Cherry St, North Liberty, IA

From I380, take the Penn St exit. Go east on Penn St. Turn right on Highway 965 NE. Turn left on Cherry St. The library entrance is on the west side of the building.



### Kreinik Pattern

October is Breast Cancer Awareness Month. Here is a Breast Cancer Awareness cross stitch pattern. A photo of the design is at <https://kreinikthread.blogspot.com/2021/09/free-breast-cancer-awareness-cross.html>.

## Butterfly Wings

BY BROOKE NOLAN OF  
BROOKE'S BOOKS PUBLISHING

Design size: 61 x 88 stitches (or about 4.5" x 6.25" on 14-count)

#### Materials needed:

- 14" x 16" piece of 28-ct BoPeep Pink Cashel Linen by Zweigart
- Kreinik Silk Mori® 8000, 3011, 1032, 1055, 4093, 4163, 5103
- Kreinik Very Fine #4 Braid™ 192, 092, 007, 3221
- Kreinik 1/8" Ribbon™ 032, 192, 092, 007
- #24 and #26 Tapestry needles

#### Instructions:

- **Cross stitch** over 2 threads using 2 strands of Mori or 1 strand of Braid according to the color key (each square on the chart = 2 fabric threads).
- **Backstitch:**  
Spider Web Roses — 2 ply Silk Mori 8000 for spoked bases only  
Big Butterfly — 2 ply Silk Mori 1055 for swirls on upper wings and part of swirls on lower part of wings (thinner black lines)  
Big Butterfly — Very Fine #4 Braid 3221 for remaining part of swirl on lower part of wings (thicker black lines)
- **Small Butterflies** — 2 ply Silk Mori 5103 for legs and antennae
- **Spiderweb Ribbon Roses:** use 032 Pearl 1/8" Ribbon to make the center rose. Use 192 Pale Pink 1/8" Ribbon to make the remaining 4 roses.
- **Japanese Ribbon Stitch:** use 192 Pale Pink 1/8" Ribbon to make tri-petal flowers on either side of heart.
- **French Knot:** use 2 ply Silk Mori in charted colors to make French knots. Triple wrap the floss on the large wings, double wrap on the heart.
- **Make 2 Breast Cancer Awareness Ribbons:** One with 007 1/8" Ribbon and one with 092 1/8" Ribbon. Layer them and tack with #4 Braid between the large butterfly wings to form the body of the butterfly.

#### Color Key:

- |   |                      |   |                         |
|---|----------------------|---|-------------------------|
| × | Mori 8000 Soft White | 4 | 4163 Lt Victorian Green |
| D | Mori 3011 Pale Coral | ≈ | 5103 Lt Cerulean        |
| h | 1032 Lightest Pink   | 1 | #4 Braid 192 Pale Pink  |
| u | 1055 Md Dk Fuchsia   | ⚡ | #4 Braid 092 Star Pink  |
| . | 4093 Light Icy       | - | #4 Braid 007 Pink       |
|   |                      | Ⓜ | #4 Braid 3221 Heliodor  |



© Copyright 2008 Kreinik (www.kreinik.com) and Brooke Nolan (www.brookesbooks.com). May be reproduced but not sold.

